

INTERIORS



Wick and top with a selection of essential oils from the Best Home Collection. Top aromatics range from lavender to citrus scents, including one with a green glass distributor containing the wick and melting pot.

Flickering candlelight — there's nothing like it to bring warmth, romance and life to a room. As we transition from cozy nights in to entertaining in spring outdoors, lighting candles like the experts. There's no just light here, there's mood, a new kind of comfort whose job it is to create signature scents for the captain's highest honor.

These "best candles" are as diverse as the scents. Beauty expert and "Wick Queen" Alexandra Jordan is one of those who created a range for the shared space of the National Development on the Balboa Avenue, one of the most expensive developments in the world. Best interior designers, including Victoria Casas and Lisa Dixon, have gone crazy for

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creating their own blends. Buyers — we're frustrated with scented candles these days, but not all candles are created equal. “You want to look for two things: pure essential oils and natural wax, such as soy wax,” Jordan says. Check the packaging, although manufacturers often use blends of different waxes together with scents, and synthetic scents, so it's hard to know.

As with aromatherapy, scented candles are said to improve mood and reduce stress. Considerable Health Center of The Red Sox, says aromatherapy can provide emotional responses. “The new candle can take into the limbic system, and anything we smell can trigger emotional feelings, which can lead to new reactions,” she says.

Casas says her husband was getting headaches from the expensive candles he was using around the house, which



burned out to contain synthetic fragrances. When she couldn't find an alternative, she decided to start The Red Sox CandleCo.com, which makes a range of organic soy wax candles with citrus notes, scented with 100 per cent essential oils. Some, for small scents, are in the Red Sox's limited-edition scents to a natural essence, like “The Red Sox.”

“With spring already in the air, what scents should we be thinking about?” “In the daytime we want fresh, herbal and citrus notes, but once the sun goes down I prefer romantic scents for the long winter evenings,” Jordan says. “Lavender, patchouli, ylang and cardamom are great scents, fresh and sophisticated.”

“If you're giving the gift of scents, con-



Candles are so hot right now

Laura Vill on the importance of buying natural and the best way to gift a scent.

ARCHITECTURE

A Serpentine Pavilion for all weathers

This year's biennial Pavilion design has been awarded. The winning entry was by ADAM, an Italian-Dutch-Brazilian firm, which will build the serpentine pavilion in London, the annual commission, which is a part of the scheme of Kensington Gardens for the year. The pavilion will be built in the heart of the park, around the world. Last year's "sculptural wall" structure by White Stag Group was visited by more than 100,000 people, making it the most visited architectural and design site in the world.

Each year the biennial attracts more than 100,000 visitors. CEO David Peat and leading architect David Adjaye and Richard Rogers were the judges for a panel who have built a structure in London before.



A Q&A with Adam's lead design for Serpentine Pavilion

The brief is to design a 200sqm pavilion that can be used as a community building for the City, a forum for public debate and a venue for a series of public performances called Park Nights. It is an event-winning structure with a flexible roof structure, was inspired by a tree that became a central point in the design. The pavilion is a structure that can be used as a central meeting to nature. A roof that allows the sun's rays to filter through the trees to the open air, and the pavilion is a structure that can be used as a central meeting to nature. A roof that allows the sun's rays to filter through the trees to the open air, and the pavilion is a structure that can be used as a central meeting to nature.

“It's an honor to work in such a

grand park, especially knowing the long history of how the pavilion evolved and changed over what we see today,” says Bill. “Every path and tree, and every the experience before, is carefully designed, and we're excited by how this artificial landscape offers a new way for people in the city to experience nature. In Kensington Park, it's an opportunity to bring our best with climate and natural landscape as a back wall.”

Photo: Serpentine Pavilion, 22 June 2014